



Golden Lane Housing

working in partnership with 

# Ways I can save energy

**‘Energy saving’** ideas can save me money and it is kinder to the world I live in.

To save energy and money ...



I can apply for grants to pay for things to be done to my home



I can do lots of things around my home



I can change some things and the way I do things

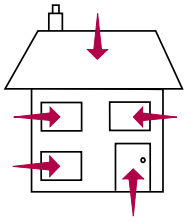
I can talk to my support worker about the things I can do in this leaflet.



helping me save money



# The 'Warm Front Grant'



The 'Warm Front Grant' could help me by making my heating better, keeping heat in my home and saving energy. This will help me to save money on my bills.



The grant could pay up to £2,700 (or £4,000 if I have oil central heating) to have some works done to my home.



## Can I get the 'Warm Front Grant'?

I can apply for the 'Warm Front Grant' if I am on 1 or more of the benefits on their list.

Some of these are:

- Housing Benefit
- Income Support
- Disability Living Allowance



The full list of benefits is on their website or I can ring them to find out.

See page 4 for more details.



# What work can 'Warm Front' do to my home?

This is the list of work that Warm Front can do is:

1



help to stop heat going out of my roof by putting down something called insulation

2



help to stop draughts  
They will put strips on my windows and outside doors.

3



help stop heat going out of my outside walls by putting insulation inbetween the bricks

4



check my hot water tank is not losing heat (if I have got one)

5



change my heating or repair it  
They can change my boiler to a combination boiler and put in up to 5 radiators or repair the heating system I have got.

6



change an open fire  
If I have got an open fire they will change it to a glass fronted fire.

7



send me 2 energy saving lights bulbs  
These lights bulbs will save me money on my electricity bill and will last up to 10 times longer.



## How do I apply for the 'Warm Front Grant'?



I can apply or find out more about the 'Warm Front Grant' by:

- visiting the website to apply on line or email any questions I have:



[www.warmfront.co.uk](http://www.warmfront.co.uk)

- ringing:

0800 316 2805



# Some tips to save energy and money around my home

## Heating



If I turned my room thermostat down by 1°C I could save around £50 per year on my heating bill.



If my radiators have thermostatic valves I can set the room temperature by using these.



Buy reflector foil to put behind my radiators. It will make the heat come back into the room.



Try not to put furniture in front of radiators as it will stop all the heat coming into the room.



Sunshine is free heat! If I can, arrange my rooms so I get the most heat from the sun.

## Keeping heat in



Close my curtains at night. If the curtains have got heavy lining it will keep more heat in.



Fit a flap over my letterbox.



Keep internal doors closed to stop cold air coming into the room from other places my home.



## Lights



If I am not using a light turn it off.



Use energy saving lightbulbs - they last 10 times longer and can save me around £40 on my electricity bill over the lifetime of the bulb.

## Leaving things on standby



Do not leave my television or anything else on standby.



Do not leave my phone charger on when it is not needed.

## Washing machines



It is good to buy “A” or “B” rated electrical goods as they will save me money on my electricity bill.

If I can, put a full load of washing in the washing machine.



Wash my clothes on the lowest temperature for the type of clothing.



If the washing machine is next to my sink, run the hot tap until the water becomes warm. This will save the heater in my washer.



## Fridge and freezers



Keep fridges and freezers away from heat, for example cookers and radiators.



Defrost my freezer often. If I have a freezer in my fridge I need to defrost this too.



Always keep my fridge and freezer doors closed. I need to check the door seals often and keep them clean.

## Kettles



Only put in as much water as I need to boil.

## Cookers



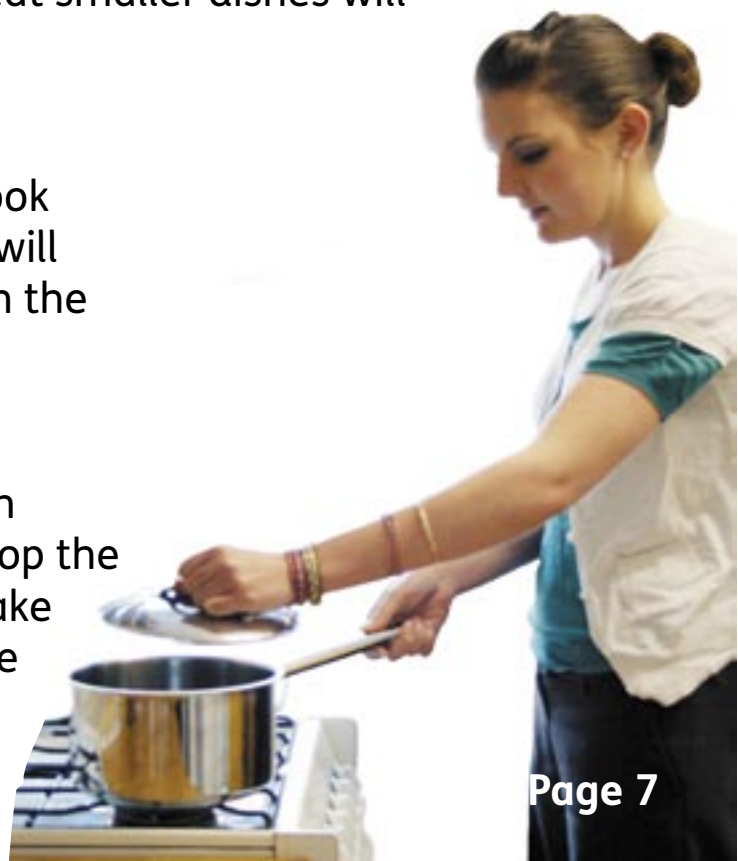
Using a microwave to heat smaller dishes will save money.



By using a steamer to cook vegetables, rice etc you will only be using one hob on the cooker.



Keep the lid on saucepan when I cook. This will stop the heat being lost - it will take less time to cook and use less gas or electricity.





## Saving Water

Fill up a bowl of water instead of letting the tap run.



Toilets do not need all the water in the cistern for a clean flush. I can fill up some space in the cistern by putting water in a water bottle or large margarine tub then seal it up before putting it in.



Do not use a hosepipe or sprinkler to water your garden, use a watering can.



Dripping taps can waste up to 4 litres of water an hour. If my taps are dripping ring Golden Lane Housing as I might need new washers.



If possible use a shower instead of a bath as showers use about 25% less water.

## Changing my energy supplier



It can be cheaper to get my gas and electricity from the same company.

I could get a few quotes from different energy suppliers. I can find their numbers in the telephone book, by looking on the internet or I can ask my local Citizens Advice Bureau.



**I can talk to my support worker about the things I can do in this leaflet.**